

LUNCH BXD JANUARY 2016 MENU (INDIVIDUAL PRICES)

This menu is updated every few weeks with new options

BXD RED PEPPER COURGETTI

Courgette 'spaghetti', roast peppers, butter beans, chilli, slow roasted red pepper pesto, mozzarella pearls and crushed cashews

Top with herby chicken breast

BXD BUFFALO SQUASH AND KALE

Spicy buffalo squash and cumin roast chickpeas, with a chopped celery, chive, sweet corn salad and crème fraiche

Top with buffalo pulled pork

BXD BASIL PESTO AND ORZO

Our homemade basil, cashew pesto with orzo pasta, cherry tomatoes, edamame beans, baby spinach, kale and shaved pecorino

Top with pesto pulled chicken

BXD QUINOA PAELLA (VEGAN)

Our gently spiced quinoa paella with lemon, peas, peppers and a kale, green bean and fresh baby spinach medley with popped pumpkin seeds

Top with Spanish Spiced King Prawns

BXD JEWELLED ORANGE PILAF (VEGAN)

A fruity, nutty, bulgur wheat pilaf with orange dressing, roast vegetables, pomegranate and green baby spinach hummus

Top with zesty sliced chicken breast

PRICING AND EXTRAS

All choices in the above menu can be served in:

LUNCHBOXES

Menu options as per above. Arrive with crockery and a napkin in individual boxes

£5 VEGETARIAN

£6.50 WITH MEAT

+ LUNCH BOX SNACKS

Arrive within the individual lunch boxes

£1.50 DRIED STRAWBERRIES

£1.50 DATE & HIMALAYAN SEA SALT SUPER FOOD CHOCOLATE BAR

£1 BARBEQUE POP CHIPS

HOW DO I ORDER?

You can order our Daily Special Lunch Box online up to 2PM each day.

HOW DOES THE MENU WORK?

On the day there is 1 daily special available, which is vegetarian, or you can top with meat or fish and add a snack too. If you order 48 hours in advance there will be 5 options available to choose from.

HOW MUCH IS A LUNCH BOX?

Our super vegetarian or vegan lunch boxes prepared by professional chefs are £5 per head.

Delivery by bicycle to your desk within 90 minutes (although we shoot for 60 minutes max) is £2 per lunch box.

An 80g portion meat or fish such as free-range chicken breast, pulled pork or sustainably caught salmon fillet for £1.50.

Snacks range from £1 – £1.50.

WHAT IS YOUR DELIVERY RADIUS?

We currently deliver to the following postcodes [EC1-4, WC1-2, SE1, E1, W1, SW1] and are hoping to expand our individual delivery route soon. We can deliver across London and beyond for corporate accounts.

HOW LONG DOES DELIVERY TAKE?

Lunch boxes are sustainably delivered by bicycle within 90 minutes (although we shoot for sub 60) between 10 AM – 2 PM each day. If you order before 10 AM or in advance we will deliver by 11.30 AM that day.

HOW WILL IT ARRIVE?

Your lunch will arrive with one of our bicycle couriers (look out for our turquoise jackets). We will call you when we are outside and try and leave your lunch at reception or somewhere safe if we can't get through to you. If you have a unique delivery request leave as much info as possible in your order notes when ordering. It will arrive in an individual fully recyclable lunch box with a main meal, snack (if you ordered one), knife, fork & napkin.



IS THERE A MINIMUM ORDER?

There are no minimum orders. By creating an account, you are allowing us to save your delivery and contact details so you can easily check out. We don't save your card details or lock you into a subscription. Simply head to our website each day by 2PM to order.

HELP US SPREAD THE LUNCH BXD LOVE...

If you refer a new customer and they type (referral: your name) in their order notes with their first order we will issue you both with a 50% off discount code for your next lunch box order.

SUSTAINABLY MINDED START UP

As a start up, we decided to instigate sustainable practises from day one that we could grow on as the business itself grows. This means all our individual deliveries are made by bicycle, all packaging is 100% recyclable or compostable and we use local British suppliers and seasonal produce wherever possible. Our meat is free range and fish sustainably caught too, and we have a 48 hour notice period for group orders to minimise our waste as a business.

ABOUT THE FOOD

We describe our dishes as salads but they are more than lettuce leaves. Our lunch boxes are packed dishes of vibrant vegetables, wholesome grains, fresh herbs and zingy dressings or dips topped with crunchy nuts and seeds.

We want to show healthy food can be filling and delicious. We've designed the dishes to be awesome vegetarian or vegan meals in themselves, but you can tailor make your lunch box with simply grilled meat, fish or a snack if you'd like.